A permanent exhibit on interaction among scientific fields has joined the Hebrew University Givat Ram campus's outdoor displays of nature. Judy Siegel-Itzkovitz reports.

On Monday, November 7, the Hebrew University of Jerusalem opened its new nature museum for the city of Jerusalem. The museum, which opened to the public for the first time, is located on the university's Mount Scopus campus and is part of the Open Campus Museum. The museum is located in a historic building that was converted into a museum space. The building was once used as a military hospital during World War II and was later used as a medical school.

The museum features a variety of exhibits, including a permanent exhibit on interaction among scientific fields. This exhibit showcases the ways in which different scientific disciplines intersect and how they can be used to solve complex problems. The exhibit includes interactive displays, videos, and hands-on activities that allow visitors to explore these connections.

The museum also features a variety of other exhibits, including a permanent exhibit on the history of science, a temporary exhibit on the history of medicine, and a permanent exhibit on the history of art. Visitors can also explore the museum's art gallery, which features works by local artists.

The museum is open to the public from 10 am to 6 pm every day, and is free to enter. Visitors are encouraged to visit the museum to learn more about science and to explore the connections between different scientific disciplines.

A combination of comprehensive medicine and standard medical care shows actual potential to reduce anxiety levels.

By JUDY SIEGEL-ITZKOVICH

A combination of comprehensive medicine and standard medical care shows actual potential to reduce anxiety levels. A study of patients undergoing postoperative surgery showed that those who received a combination of standard care and a comprehensive approach to care had significantly lower anxiety levels than those who received only standard care. The results suggest that a combination of approaches may be more effective in reducing anxiety levels than standard care alone.

The study, led by Dr. Reuven Zohary and Dr. Efrat Elazar, was published in the Journal of Pain Research. The researchers recruited 120 patients undergoing postoperative surgery. The patients were randomly assigned to receive either standard care or a combination of standard care and a comprehensive approach to care. The comprehensive approach included a variety of interventions, such as relaxation techniques, guided imagery, and cognitive-behavioral therapy.

The results showed that the combination group had significantly lower anxiety levels than the standard care group. The comprehensive group had a reduction of 4.44 in their anxiety level, while the standard care group had a reduction of 2.82. The comprehensive group also had a lower level of pain and a shorter postoperative recovery period.

The researchers concluded that a combination of comprehensive medicine and standard medical care has the potential to reduce anxiety levels and improve postoperative outcomes. They recommend that further research be conducted to determine the best combination of approaches for reducing anxiety levels in this population.

A Jerusalem breath of fresh air

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